

DOCUMENT RESUME

ED 379 588

CG 026 094

AUTHOR Freeman, John Gregory; Balanchuk, Mary Lilian
TITLE Career World: Complete Student Kit and Facilitator's Manual.
SPONS AGENCY Canadian Guidance and Counselling Foundation, Ottawa (Ontario).
REPORT NO ISBN-1-895579-27-9; ISBN-1-895579-38-4
PUB DATE 94
NOTE 264p.; Produced under the auspices of the Creation and Mobilization of Counseling Resources for Youth initiative (CAMCRY) initiative of the Canadian Guidance and Counseling Foundation.
AVAILABLE FROM Trifolium Books Inc., 238 Davenport Road, Suite 28, Toronto, Ontario M5R 1J6, Canada (\$98.95 Canadian or \$89.95 U.S. for both the Facilitator's Manual and Complete Student Kit; not available individually; 10 or more copies, 20% discount).
PUB TYPE Guides - Classroom Use - Instructional Materials (For Learner) (051) -- Guides - Classroom Use - Teaching Guides (For Teacher) (052)
EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS Adolescents; Career Development; *Career Exploration; Career Guidance; *Careers; Foreign Countries; High Schools; Job Enrichment; *Job Satisfaction; Occupational Aspiration; *Personality Development; *Self Actualization; *Self Evaluation (Individuals); Vocational Interests; Work Attitudes
IDENTIFIERS Canada; Self Awareness

ABSTRACT

This career education program for high-school students has been tested primarily with grade 11 students but is suitable for all students at the high school level. The program consists of five modules and a facilitator's manual--the student kit contains the five modules: (1) Self-explorations; (2) occupational choices; (3) supports for success; (4) breaking the barriers; and (5) lifestyle choices. The program's purpose is to promote student responsibility for both learning and attitudes by teaching students how to apply problem-solving skills to various situations. Through introspection and self-analysis, students learn not only to understand their needs and expectations from life, they also see how their attitudes and experiences affect their relationships with others. The book provides students with ample opportunities to expand their knowledge of occupations, while giving them a variety of strategies to focus their search. Experiential activities allow students to explore their interests, skills, values, and supports. Students learn to assess their perceptions about stereotyping and its effects. Role play, scenarios, and case studies allow students to see issues from different perspectives. Students learn to recognize inequities and see them as something that can and should be overcome. Students are encouraged to keep a journal during this process. The facilitator's manual parallels the student modules. It provides an overview to each major topic and offers discussions of useful teaching techniques for the program topics. (RJM)